



## Michigan Faith Based Health Association Update

### Power To End Stroke

Power To End Stroke is a new movement focused on educating African Americans about the risk of stroke, how to reduce risk, and how to recognize the warning signs of a stroke. The Power To End Stroke campaign is designed to be culturally appropriate and to encourage leaders within African American communities to become "Ambassadors" who will spread the life-saving messages of the movement.

Sign up as an Ambassador for the campaign and you will receive the educational materials you need to implement programs and events within your community. All Ambassadors receive a wonderful toolkit which contains:

- A sample presentation
- Sample materials
- A Power To End Stroke lapel pin
- A DVD which conveys the passion of the campaign.

To become a Power To End Stroke Ambassador, contact Sarah Poole at the American Heart Association. 616-285-1888 or [sarah.poole@heart.org](mailto:sarah.poole@heart.org). You can also visit the Power To End Stroke web site at <http://www.strokeassociation.org/presenter.jhtml?identifier=3030549>

### Upcoming Events

#### Power To End Stroke Ambassador Recruitment Reception

Thursday, April 5, 2007 - 5:30-8:30pm  
Southfield Westin, Southfield

For more information on any of these events, contact Amy Figot at 1-248-827-4214 or go to [www.americanheart.org](http://www.americanheart.org) and enter zip code for information on activities near you.

## What's New...

### Mini Market Regional Trainings

Has the lack of availability of fresh fruits and vegetables in your community been a concern to your organization? Are you interested in providing fresh produce to members of your congregation/community at an affordable cost? The Michigan Public Health Institute will be providing trainings on how to plan and create fruit and vegetable mini markets in your church. Be on the look out for dates of this free one day seminar in your region.

### Web Discussion Board

As an ongoing effort to connect members to one another, the Michigan Faith Based Health Association will be launching an interactive discussion board. On this board members can post questions, events, or general comments regarding health issues in the faith community. Other members can respond in real time, providing opportunities for members throughout the state to communicate.

## Funding Opportunities!

### Compassion Capital Fund Demonstration Program



**WHAT:** The Administration for Children and Families (ACF), will award funds to experienced organizations to deliver capacity building services to faith-based and community organizations through the provision of training, technical assistance, and sub-awards.

**WHO:** Faith-based and community organizations are eligible to apply.

**WHEN:** Applications are due by May 16, 2007

**AWARD AMOUNT:** 33 awards totaling \$16,500,000

**CONTACT:** Thom Campbell at (800) 281-9519 or [ocs@lcgnet.com](mailto:ocs@lcgnet.com)

**FULL ANNOUNCEMENT:** <http://www.acf.hhs.gov/grants/open/HHS-2007-ACF-OCS-EJ-0035.html>

### Take Action: Healthy People, Places, and Practices in Communities Project

The Department of Health and Human Services (HHS) Office of Public Health and Science, Office of Disease Prevention and Health Promotion and the Regional Health Administrators are requesting proposals from small, community-based groups to evaluate a unique set of healthy lifestyles activities conducted in local settings in support of the President's Healthier US initiative.

**Proposal Deadline:** March 30, 2007 (by 5:00pm MST, Postmarks not accepted)

**Purpose:** To evaluate activities in local communities across the HHS regions that support and promote healthy lifestyles including:

- Physical activity
- Nutrition and healthy eating
- Preventive screenings
- Making healthy choices/avoiding risky behaviors

**Funds:** \$2,000 and up to \$5,000

**Project Period:** June 29, 2007 – June 30, 2008

**Eligibility:** Not-for-profit, community-based organizations including faith-based groups, after school programs, coalitions and others.

See <http://www.osophs.dhhs.gov/ophs/HealthyPeople/> for more details. Proposal should address one of the following:

- Being physically active
- Eating a nutritious diet
- Getting preventive screenings
- Making healthy choices/avoid risky behaviors.

For more information about these initiatives please contact Brandess Wallace at [bwallace@mphi.org](mailto:bwallace@mphi.org)